

Using Fiore in SCA Combat

Class Outline

Master Llwyd Aldrydd, baronllwyd@gmail.com

LearnFiore.org

Mini-intro

1409 complete combat system
TyD Fiore Study Group
LearnFiore.org & Youtube channel

This class – less about specific plays, more about using his meta-approach to improve your practice and your technique. Study of plays is still recommended to learn fundamentals.

Three Plays from different Sections

Dagger play

Longsword: Peasant's Blow

LS in Armor:

Attacker in Low Serpent, Defender in True Cross

Attacker thrusts

Defender rotates into Bastard Cross, stepping forward with his left leg to gain leverage

Defender continues to either serpent position to deliver a final thrust

Breaking down common features

Wait for opponent to commit

Step in and interrupt strike before it can develop

Deflect blow to protect yourself and build opening

Strike

Using Fiore's Approach

Analysis – where can my opponent strike?

Plan – how do I safely deflect the blow and steal the initiative?

Execution – develop muscle memory to speed movement

Drilling each component

Flash Card solo work – builds comfortable movement and attacks from any position to any other

Flash Card paired work – develops analysis skills on where strikes can be thrown and which options are effective against which defenses. Communicate and try different options. Discuss safe and unsafe options

For instance, if the initiator is in boar's tooth and the defender is in window position on his left, the attacker can be pretty confident of a rising thrust into the defender's belly. But, that leaves him completely open to whatever attack the defender wants to do up high. This is an unsafe choice. If instead the attacker passes his left leg forward and brings his sword up to high he has covered his opponent's sword, its most likely movement, and is in an excellent position to end the fight.

Chess/mirror drill – one fighter moves at a time protecting himself while putting the other in check

Application Tests

Response to:

Double mezzano cuts to opposite sides of the head
(another 1 or 2?)